

Game:

Wink'em

Type of Game:

Noisy, Outdoor Game (only to be played on grass)

Supplies:

Folding chairs for half the people

Rules:

Players are paired up with partners of equal athletic ability

Chairs are circled up facing each other with at least 4-5 ft spacing between them

There needs to be plenty of space in the middle of the circle

Players sit in the chairs with their partner standing behind their chair, also facing the middle

One chair remains empty with an extra player (player X) standing behind it

All seated players wait in anticipation for player X to wink at them

Once winked at, the player must get up and run to the open chair and sit in it

The partner will see them get up and will try to tackle them before they can reach the chair

The standing partner may never look at player X for the wink, they can only react

If tackled, the seated player must return to their seat

If not tackled, the seated partner has a new partner who used to be called player X

The new player X is the standing partner that failed to tackle the seated partner

Play several rounds and switch standing partners to sitting partners and vice versa

Notes:

This game requires a large open area

Only play this game on grass

Try not to use chairs that have a tendency to break i.e. plastic chairs with fixed legs

Make a big deal about players who succeed that normally wouldn't in such a physical game

This game creates self-sustaining energy and keeps all types of kids focused

Adaptations:

Standing players only need to tag their partners (not tackle them) – if so, have the standing player stand further back behind the chair