

Adam and Eve

Teacher Pep Talk: Where did we come from? The origins of the Universe lie in God. He created all things and that includes the first human: Adam. Knowing God made us on purpose is a singularly important concept for children to have. Because of this, we each have infinite worth.

You will need: Bible
Popcorn in tiny bags – one for each child
A sheet for the children to sit upon
Paper, crayons, markers
Consider glitter

Major Points: God Made Us
Man Walked with God
Man Disobeyed God
Man was Sent Away from God
God Promised a Savior (Jesus)

Scripture Ref: Genesis: Chapters 2 and 3
1 Corinthians 15:21-22 *For since death came through a man, the resurrection of the dead comes also through a man. For as in Adam all die, so in Christ all will be made alive.*

Memory Verse: Genesis 2:7 *...the Lord God formed the man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.*

Lesson: **God Made Us**

- *[Be sure to start with your Bible sitting on your lap.]*
- Where did we come from? *(Wait for answers. You will probably get answers like "From home" or "From our parents" etc.)*
- Yes, we came from our parents, and they came from their parents. But where did the very first man and woman come from? *(Wait for answers... You will probably get all sorts! Depending on the age of your group, the answers will range from things like "From God" or maybe even "We evolved." Don't be surprised if you hear about dinosaurs! Just listen politely and then continue...)*
- God's Word, the Bible, *[Show your Bible]* tells us that God **made** the first man out of the dust of the earth
- God gave the man a name: He called him Adam.
- Later *(from one of Adam's ribs)* God made the first Woman: Eve
- God made us on purpose. That makes each of us VERY important. God made us and He loves us very much!

Man Walked with God

- To start with, God fashioned a beautiful garden (Eden) and put Adam in it.
- And in the Garden there were all pretty things (*like fruit trees*) and no “poke-y” things (*like thorns, etc*)
- There were also two very special trees: The Tree of Life, and the Tree of the Knowledge of Good and Evil.
- God told Adam to take care of the Garden (*or, to tend it.*)
- And God gave Adam one rule: *[Read from the Bible – Genesis 2:16-17] “You are free to eat from any tree in the garden; but you must not eat from the tree of the knowledge of good and evil, for when you eat of it you will surely die.”*
- Everything God had made was good.
- And God walked with them in the Garden in the cool of the evening.

Man Disobeyed God

- ***[For this section consider handing out tiny bags of popcorn. Allow the children to eat the popcorn and to throw popcorn when they hear the name “Satan” or about the evil things he did. Spread a sheet on the floor first!]***
- God had given Adam one rule: *“You are free to eat from any tree in the garden; but you must not eat from the tree of the knowledge of good and evil, for when you eat of it you will surely die.”*
- But... Satan (*boo hiss!*) came to talk to Eve in the form of a serpent (or a snake.)
- Satan (*boo hiss!*) lied to Eve about God’s one rule
- Eve ate some of the fruit and she gave some to Adam! He ate of the fruit too!
- Then their eyes were opened and they realized what they had done! They were ashamed!
- They also realized, for the first time, that they were naked! That made them ashamed as well. They tried to cover themselves with fig leaves.

Man was Sent Away from God

- Because Adam had broken the one rule (he sinned), God told him that he could no longer live in the Garden (neither could Eve)
- Now Adam would have to work for all of his food until the day he died – he had come from the dust and eventually he would return to the dust
- Also the ground was cursed because Adam had disobeyed God; now it would have thorns and thistles

- And Satan (*boo hiss!*) was cursed as well. From now on the snake would always have to crawl around on its belly
- This is all very sad... poor Adam... poor Eve... and what about God? He must have been sad too!
- But God did a grand and a glorious thing!

God Promised a Savior (Jesus)

- God didn't leave Adam and Eve without hope!
- God promised them a Savior!
- God told them that one day the "Seed of the Woman" would come (JESUS)
 - Satan would strike at His heel (*Boo Hiss!*)
 - But He would CRUSH Satan's head! (*Yeah!*)
- This was the first promise of the Savior who was to come: Jesus!

Let's pray and thank God for sending Jesus as the Savior.

Prayer: Dear God,
Thank you that you made us!
Thank you that you love us!
Thank you that you sent Jesus to be our Savior!
Amen

Suggested Activities: (*Choose 1 or 2 that will work with your group.*)

The Forbidden Fruit – *The children will draw what they think the fruit looked like.*

Before Class: Provide lots of construction paper, paper, pencils, crayons, markers, glitter, glue and scissors. Consider making a large representation of a tree on the wall in your room. You could use a bulletin board covered with brown and green paper.

During Class: Tell the children that lots of people say that the fruit Adam and Eve ate was an apple... but the Bible doesn't say that. What kind of fruit do you think grew on the Tree of the Knowledge of Good and Evil? What would it have looked like? Draw a picture of the tree with its fruit. OR...Draw a picture of just the fruit. Cut out the fruit and place it on a large representation of a tree in class. Consider decorating the fruit you draw with glitter or sequins, etc.

Before the Thorns – *The children will draw the Garden of Eden before the Fall of Man.*

Before Class: Provide a copy of the activity sheet for each child. Also provide crayons, markers and pencils.

During Class: Ask the children: "What was in the Garden of Eden to start with?" Make a list of the good things that were there. (*Fruit trees that were good to eat. The Tree of Life. The Tree of the Knowledge of Good and Evil. Adam, Eve. God walking with Adam and Eve. Lots of different kinds of animals. Pretty flowers.*) Remind the children that there were no thorns or thistles! Try drawing the Garden of Eden as beautifully as you can imagine it having been.

Fruit Tasting – *The children will cut up and taste different types of fruit!*

Before Class: Provide numerous types of fruit for the children to see, to touch and to taste. Consider allowing the older children to learn how to cut some of the fruit, such as bananas, with a plastic knife or butter knife. Check with parents about **food allergies!**

During Class: Explain to the children that God made many different types of trees, and lots and lots of different types of fruit. Show some of the examples you have brought for them to see. (*Show pictures if you don't have lots of fruit.*) Invite the children to touch the different types of fruit and have fun naming them all. How different are they? What colors are they? Which ones are the biggest? Which are the smallest? Which one seems the fanciest? Allow the children to help wash and prepare some of the fruit for snack time. Have an adult helper to supervise this work. Have a special area for the washing and cutting to be done. Make sure you wash your hands! *Have snacks!*

Play-Doh Animals – *The children will make animals out of Play-Doh.*

Before Class: Obtain enough Play-Doh or other modeling compound for the children to make small animals with... *especially a snake!*

During Class: Remind the children that God made all of the animals. Tell them that you are going to have fun making animals out of the Play-Doh. Teach the children how to roll out a long thin piece of dough to look like the snake which was in the Garden. How many different types of animals can you make?

Man in the Sand – *The children will have fun playing in sand.*

Before Class: Fill a large low container with sand. Cover the floor with a sheet and place the container in the middle of the sheet.

During Class: Allow the children to play in the sand in the container. Discuss how God formed the first man, Adam, from the dust of the earth. That would be really hard to do, wouldn't it? But it wasn't too hard for God. He made the first man and woman miraculously! He made us on purpose and that means we are very important to Him! God loves each one of us very much!

OPTION: After the children have played in the sand for a while. Place tiny items such as little plastic rings, stars, or "jewels" in the sand and mix them in so they are hidden. Allow the children to use their hands or small sieves to find the items during class.

Sing "Old Mc Donald" – *The children will have fun singing and naming the animals.*

Talk about some of the different types of animals God made. Name some of them. What kinds of sounds do those animals make? Have different people volunteer to make the sounds the animals make. Sing Old McDonald and name lots of animals!

Snack Suggestions:

Different types of fruit you and the children have washed and prepared
Animal Crackers
Fruit Juice

The Garden of Eden