Lesson #8  The Holy Spirit Lives in Us

Opening Shot:
As believers, we are part of the Body of Christ. We are baptized by One Spirit into one body, and the Holy Spirit lives in us. This means that each of our bodies is the Temple of the Holy Spirit. We were washed, sanctified, and justified in the name of Jesus Christ and by the Spirit of our God. That means we are clean! So, now, how should we live?

Introduction to Bible Truths: (OPTIONAL)
1 Corinthians 12:27 Now you are the body of Christ, and each one of you is a part of it.
1 Corinthians 12:13 For we were all baptized by one Spirit into one body —whether Jews or Greeks, slave or free—and we were all given the one Spirit to drink.
Romans 8:11 ...through his Spirit, who lives in you.
1 Corinthians 6:17 But he who unites himself with the Lord is one with him in spirit.
1 Corinthians 6:11 But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of our God.

Ask Me No Questions/ I’ll Tell You No Lies:
1.) OK… I’m saved! Great. Now what? How am I to behave?
2.) Since God has already saved me, does that mean that I can do anything I want?
3.) Does God have any guidelines for me on how I should act from here on out?

We’ve Got Questions/ God’s Got Answers:
Ephesians 4:22-24 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.
1 Corinthians 6:12 “Everything is permissible for me”—but not everything is beneficial.
“Everything is permissible for me”—but I will not be mastered by anything.
1 Corinthians 6:13-15 The body is not meant for sexual immorality, but for the Lord, and the Lord for the body. By his power God raised the Lord from the dead, and he will raise us also. Do you not know that your bodies are members of Christ himself? Shall I then take the members of Christ and unite them with a prostitute? Never!
Galatians 5:13-14 You, my brothers, were called to be free. But do not use your freedom to indulge the sinful nature; rather, serve one another in love. The entire law is summed up in a single command: “Love your neighbor as yourself.”
Ephesians 4:1 ...I urge you to live a life worthy of the calling you have received.
Ephesians 4:30 … do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption.  (See also: Ephesians: Ch. 4 & 5, and Romans 6:12-14)

Parting Shot:
As believers, everything may be permissible for us, but NOT everything is beneficial. Our bodies are the temple of the Holy Spirit, who lives in us, and we are members of the Body of Christ. We are not to grieve the Holy Spirit, with our behavior; instead we are to live lives worthy of the calling we’ve received. As for guidelines, there are lots! They are all summed up in this: “Love your neighbor as yourself.” Let’s start there and let the Holy Spirit lead us. He’s the one, with whom we were sealed for the day of redemption.
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